



LEWIS G. MAHARAM, MD, FACS

BOARD-CERTIFIED
SPORTS MEDICINE PHYSICIAN



24 W 57th St #605, New York, NY 10019 | (212) 765-5763

Dr. Lewis G. Maharam, MD, FACS is one of the most renowned and extensively credentialed primary sports medicine physicians and running health experts in the world. Better known as Running Doc™, Dr. Maharam was previously the medical director of the Rock 'n' Roll Marathon series, former medical director of the New York Road Runners Club and the New York City Marathon, and has also served as team physician for the United States athletics team at senior and junior levels.

With such a wealth of experience as a sports medicine specialist, Dr. Maharam treats a diverse range of conditions from fractures, sprains, and dislocations to back pain and arthritis. He has also written five books, including "The Running Doc's Guide to Healthy Running: How to Fix Injuries, Stay Active, and Run Pain-Free" and "Backs in Motion: The Only Back-Care Program for Everybody". Having extensive expertise on running, Maharam has appeared in numerous television and radio shows, such as Today and Good Morning America to speak on the subject. Presently, Dr. Maharam works within his own private practice in New York City, is chairman of the Board of Governors of the International Marathon Medical Directors Association, and as medical director of the Leukemia & Lymphoma Society's Team in Training Progra

TOP
SPORTS MEDICINE PHYSICIAN
in New York City, NY

EDUCATION

- Emory University School of Medicine, 1985
- Columbia-Presbyterian Medical Center and Yale Hospital
- Yale Hospital, New Haven, CT
- Primary Care Sports Medicine, Pascack Valley Hospital, Westwood, NJ

AWARDS

- 2016 Top Doctor in New York City, NY.
- America's Top Doctors 2002 - 2011.
- New York Magazine: Top Doctors 2002 - 2011, 2014.
- Top Doctors: New York Metro Area 2003 - 2011, 2013 - 2014.

